

JSC "Medicina" (Clinic of Academician Roytberg)

Medical check-up program

for women from 40 up to and including 64 years old

First stage of complex medical check-up program for women from 40 up to and including 64 years old

A list of examinations by medical professionals, lab tests and diagnostic procedures carried out as part of the first stage of complex medical check-up program for women from 40 up to and including 64 years old			
Appointment (examination) of a medical professional			
B01.047.005	General practitioner consultation	1	
	Collecting verbal history of disease (complaints if any)	1	
	Determination of relative cardiovascular risk	1	
	Calculation of the body mass index based on anthropometry (measurement of height, body weight, waist circumference)	1	
	Measurement of blood pressure in peripheral arteries	1	
B04.029.001	Ophthalmologist consultation	1	
	Measurement of intraocular pressure		
B04.001.001	Gynecologist consultation	1	
A 11.20.002 A08.20.017 A08.20.017.001	Taking a cytological cervical smear (scraping) using a brush from the surface of the cervix (external uterine pharynx) and the cervical canal for cytological examination (hereinafter referred to as a smear from the cervix), cytological examination of a smarki (obtaining a cervical smear, cytological examination of a micro-preparation of the cervix, cytological examination of a micro-preparation of the cervical canal)	1	With the exception of cases when it is impossible to conduct a study for medical reasons due to extirpation of the uterus, virgo
B01.047.006	General practitioner follow-up after finishing the first stage of check-up (This follow-up consultation does include follow-up examination for the detection of visual and other localization of oncological diseases, including examination of the skin, mucous lips and oral cavity, palpation of the thyroid gland, lymph nodes, in order to establish a diagnosis, determine the health group, the group of dispensary observation, determination of medical indications for examinations (consultations) and diagnostic procedures for the second stage of medical check-up)	1	
	Individual preventive counseling	1	
Laboratory tests			
A12.05.118 A12.05.119 A12.05.120 A12.05.121 A09.05.003 A12.05.001 A09.05.003.004 A09.05.003.002 A09.05.003.003	Complete blood count	1	
A12.28.011 A12.28.012	Urine analysis	1	

A12.28.013 A12.28.014 A09.28.003 A09.28.011			
A09.05.026	Serum cholesterol, enzymatic assay	1	
A09.05.028	LDLP measurement (beta-cholesterol)	1	
A09.05.023	Blood glucose, orthotoluidine or glucoxidase assay	1	
A09.05.009	Serum C-reactive protein, precipitation reaction in capillars	1	
A09.05.020	Serum creatinine	1	
A09.05.039	Serum lactate dehydrogenase activity, optic test, biochemistry analyzer FP-900	1	
A09.05.042	Serum alanine aminotransferase activity, Riteman and Frenkel assay	1	
A09.05.041	Serum aspartate aminotransferase activity	1	
A09.05.051.001	D-dimers	1	
A09.19.001.001	Occult blood test	1	
A11.12.009	Blood withdrawal, phlebotomy	1	
Diagnostic procedures			
A05.10.001	EKG (12-lead) with use of 6-canal manual electrocardiograph	1	
A12.09.001.006	Spirometry with use of bodyplethysmography	1	
A06.09.005.001	Low-dose CT pulmonary angiography	1	If was not performed earlier during the year
A04.16.001	Ultrasound examination of the abdominal organs (complex)	1	
A04.28.001	USG, kidney, suprarenal gland, retroperitoneal space	1	
A03.16.001	Diagnostic esophagogastroduodenoscopy	1	May be performed under anesthesia if needed
A11.16.002	Gastroscopy with biopsy	1	
A08.30.046.001	Category 2 complexity biopsy, without additional methods of examination (1-5 specimens)	1	
A06.20.004	Plain Rg-graphy of mammary gland with Rg-graphy of soft tissue of axillar region, AP, lateral views	1	Except in cases where it is impossible to conduct a study for medical reasons in connection with a mastectomy. Mammography is not performed if mammography or computed tomography of the mammary glands has been performed during the previous 12 months
A04.20.001.001/ A04.20.001	Ultrasound examination of the uterus and appendages transvaginal / Ultrasound examination of the uterus and appendages transabdominal	1	Ultrasound examination of the uterus and appendages transabdominal – virgo