

JSC "Medicina" (Clinic of Academician Roytberg)

# Medical check-up program

**for men from 18 up to and including 39 years old**

**First stage of complex medical check-up program for men from 18 up to and including 39 years old**

Code of service	Examination, lab test, diagnostic procedure	Quantity	Comments
<b>A list of examinations by medical professionals, lab tests and diagnostic procedures carried out as part of the first stage of complex medical check-up program for men from 18 up to and including 39 years old</b>			
<b>Appointment (examination) of a medical professional</b>			
B01.047.005	General practitioner consultation	1	
	Collecting verbal history of disease (complaints if any)	1	
	Determination of relative cardiovascular risk	1	
	Calculation of the body mass index based on anthropometry (measurement of height, body weight, waist circumference)	1	
	Measurement of blood pressure in peripheral arteries	1	
	Measurement of blood oxygen saturation at rest	1	
B04.029.001	Ophthalmologist consultation	1	
	Measurement of intraocular pressure	1	
B01.047.006	General practitioner follow-up after finishing the first stage of check-up (This follow-up consultation does include follow-up examination for the detection of visual and other localization of oncological diseases, including examination of the skin, mucous lips and oral cavity, palpation of the thyroid gland, lymph nodes, in order to establish a diagnosis, determine the health group, the group of dispensary observation, determination of medical indications for examinations (consultations) and diagnostic procedures for the second stage of medical check-up)	1	
	Individual preventive counseling	1	
<b>Laboratory tests</b>			
A12.05.118 A12.05.119 A12.05.120 A12.05.121 A09.05.003 A12.05.001 A09.05.003. 004 A09.05.003. 002 A09.05.003. 003	Complete blood count	1	
A12.28.011 A12.28.012 A12.28.013 A12.28.014 A09.28.003 A09.28.011	Urine analysis	1	
A09.05.026	Serum cholesterol, enzymatic assay	1	
A09.05.028	LDLP measurement (beta-cholesterol)	1	
A09.05.023	Blood glucose, orthotoluidine or glucoxidase assay	1	
A09.05.009	Serum C-reactive protein, precipitation reaction in capillars	1	
A09.05.020	Serum creatinine	1	
A09.05.039	Serum lactate dehydrogenase activity, optic test, biochemistry analyzer FP-900	1	

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A09.05.042	Serum alanine aminotransferase activity, Riteman and Frenkel assay	1	
A09.05.041	Serum aspartate aminotransferase activity	1	
A09.05.051.001	D-dimers	1	
A11.12.009	Blood withdrawal, phlebotomy	1	
<b>Diagnostic procedures</b>			
A05.10.001	EKG (12-lead) with use of 6-canal manual electrocardiograph	1	
A12.09.001.006	Spirometry with use of bodyplethysmography	1	
A06.09.005.001	Low-dose CT pulmonary angiography	1	If was not performed earlier during the year
A04.16.001	Ultrasound examination of the abdominal organs (complex)	1	
A04.28.001	USG, kidney, suprarenal gland, retroperitoneal space	1	